

The Village Journal

SEPTEMBER 2026 • MISSISSIPPI MILLS & BEYOND

A season to gather

Listening, learning and making room for one another.



The harvest table: a place to gather, share and connect.

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We are connected.

Ginawaydaganuc is an Algonquin word whose essence, as taught by Grandfather William Commanda, is "we/all things are connected." We call Ginawaydaganuc Village **GV** for short.¹

That spirit shapes this inaugural edition. A useful community publication can make room for a local event, a recipe worth sharing, a neighbour's story and a thoughtful moment of learning. We want this journal to be something you return to, not simply another message in your inbox.

Share this issue, and help us find the people and stories for the next one.

A whole-community invitation

GV's Indigenous-led vision brings Indigenous and non-Indigenous people together through learning, relationships and care for the world we share. It is working toward a permanent eco-cultural, education and community hub in the Mississippi Mills area.¹

Participation across ages and backgrounds matters. Come with curiosity, bring your questions and tell us about any access needs so we can discuss arrangements.

[Community stories and advertising](#)
[Request future issues by email](#)

GV VILLAGE INFORMATION NIGHT • October 15, 2026 • 6:00–7:00 p.m. ET
Virtual, welcoming and open to questions. [Registration and ways to support GV](#)

Your advertising here • [Sizes, rates and artwork support](#)

1. GV: name, vision and teachings
https://ginawaydaganuc.ca/about_us

Truth, remembrance & local action



Begin by listening

September 30 asks us to remember the children who never returned home from residential schools and to honour Survivors, their families and communities. Mississippi Mills has proclaimed the day and announced plans to work with All My Relations and youth organizations on a local vigil.¹

Remembrance should not be turned into a sales message. This is a place to listen, learn and follow the guidance of the people leading the work.

From intention to action

Listen. Choose Indigenous-led accounts and give them your full attention.

Learn. Attend a public event, read beyond a headline and keep asking what you still need to understand.

Show respect. Follow each host's guidance on attendance, ceremony, recording and photography. Ask about access arrangements rather than assuming them.

Community wins

Mississippi Mills' September proclamation keeps remembrance and learning on the local agenda.¹ Reconciliation Through Art's 2026 programme creates room for Indigenous creativity through an art showcase, workshops, music and teachings.⁴

[Find more opportunities to gather in the October diary.](#)

SEPTEMBER 29 • ALMONTE

Honouring the Sacred Circle

A Two Spirit Journey of Truth and Reconciliation. Mississippi Mills All My Relations presents an evening led by Dylan Michael Jenkins at the Almonte library branch, 155 High Street. Check the organizer for the start time and attendance details.²

[Details and organizer information](#)

SEPTEMBER 30 • OTTAWA

Remembering the Children

12:00 p.m. Eastern • West Block lawn, Parliament Hill. The national commemoration is open to the public and is also carried by APTN and partnering broadcasters.³

[Details and organizer information](#)

For local vigils, check the latest municipal and organizer notices before attending.



[Blakeney Rapids in autumn](#)

Perry • [CC BY 2.0](#)

Your ad here

[View rates • Artwork help included](#)

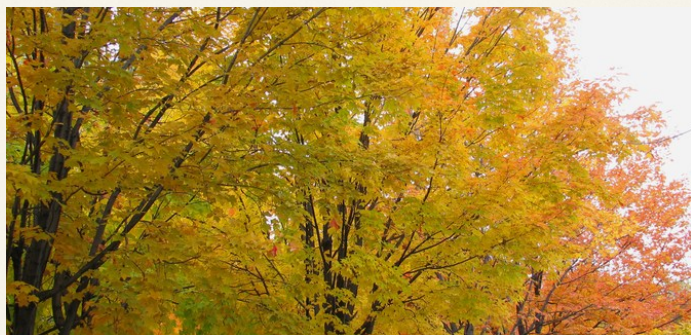
1. Mississippi Mills council, September 1
<https://www.mississippimills.ca/news/posts/council-highlights-september-1-2026/>

4. Reconciliation Through Art: 2026 programme
<https://www.reconciliationthroughart.ca/>

2. Mississippi Mills All My Relations
<https://mmallmyrelations.ca/>

3. NCTR: Remembering the Children
<https://trw-svr.nctr.ca/parliament-hill/>

The seasonal notebook



Fall maples, Dutchy's Hole Park, Ottawa

D. Gordon E. Robertson • [CC BY-SA 3.0](#)

After the equinox

The September equinox arrived on September 22 in Eastern time, marking the start of astronomical autumn in the Northern Hemisphere. It is the moment the Sun crosses the celestial equator from north to south.¹

The name suggests “equal night,” but daylight and darkness are not exactly equal on the equinox itself.¹ What we can notice without a clock is simpler: the light changes, evenings feel different and familiar places invite another look.

An almanac moment

The **Farmers' Almanac** calls the full Moon closest to the autumn equinox the Harvest Moon. In 2026, its full phase falls on September 26 at 12:49 p.m. Eastern.²

Why the harvest connection? Around this time of year, the gap between successive evening moonrises is shorter at northern mid-latitudes. The extra evening light historically helped extend work in the fields.²

Seasonal traditions belong to particular peoples, places and knowledge holders. Learning from those who carry them is an invitation to listen with care.

A small seasonal practice

Return to the same tree or path each week. Notice the colour, the ground underfoot and the sounds around you. No special equipment is needed, only attention.

Your advertising here • [Rates & enquiries](#)

FREE LEARNING / COMMUNITY NOTICE

Start with one free lesson.

The University of Alberta's **Indigenous Canada** offers a free preview of Module One, **Worldview**, introducing Indigenous perspectives and the significance of storytelling.³

Free preview only; completing the full course requires an upgrade. [Open the free preview](#)

1. timeanddate: September equinox
<https://www.timeanddate.com/calendar/september-equinox.html>

3. University of Alberta: free Module One preview
<https://www.ualberta.ca/en/admissions-programs/online-courses/indigenous-canada/index.html>

2. Farmers' Almanac: Harvest Moon 2026
<https://www.farmersalmanac.com/septembers-full-harvest-moon>

Lorraine's Harvest Collection



Three Sisters harvest stew

From Chickasaw.tv's Get Fresh collection. Beef, corn, beans and squash; 12 servings of about 1½ cups.¹

INGREDIENTS

1 lb lean ground beef
2 cups diced yellow onions
6 cups water
2 cans diced tomatoes (14.2 oz each)
6 cups cubed red-skinned potatoes
1 can tomato sauce (15 oz)
1 cup corn, preferably frozen
1 cup diced yellow squash
1 cup diced zucchini
1 can kidney beans (15.5 oz), drained and rinsed
1 can black-eyed peas (15.8 oz), drained and rinsed
½ cup quick-cooking barley
4 garlic cloves, minced
1½ tsp cracked black pepper

METHOD

Brown the beef and onions in a skillet. Transfer to a large stockpot and add all remaining ingredients. Bring to a boil, reduce the heat and simmer for 30–45 minutes, until the potatoes are soft.¹

Kitchen note: barley contains gluten. Check ingredients for your household's dietary needs.



Baked bannock, passed around

Jodi's Best Bannock by Jodi Robson, published by Canadian Food Focus. An oven-baked recipe serving 12.²

INGREDIENTS

4 cups all-purpose flour, plus extra for kneading
2 Tbsp baking powder
1 tsp salt
½ cup canola oil
2½ cups warm milk or water

METHOD

1. Heat the oven to **375°F / 190°C**. Combine flour, baking powder and salt.
2. Make a well, add oil and warm milk or water, and stir the flour into the liquid.
3. Turn onto a generously floured surface and knead until smooth, about 5 minutes.
4. Place on a baking sheet. Press into an oval 1–2 inches thick and prick with a fork.
5. Bake for **30–35 minutes**, until golden brown.²

Our kitchen note: We suggest lining the sheet with baking parchment. The original recipe does not specify a liner or greasing.

Your advertising here • [Rates & enquiries](#)

Prefer your slow cooker? [Read the American Heart Association's Harvest Beef Stew recipe](#). It is a separate recipe, not a conversion of the stew above.³

1. Chickasaw.tv: Get Fresh, Three Sisters Stew
<https://www.chickasaw.tv/pages/get-fresh-three-sisters-stew>

3. American Heart Association recipe, via Physicians Mutual
<https://www.physiciansmutual.com/web/community/article-title/slow-cooker-harvest-beef-stew>

2. Jodi Robson: Jodi's Best Bannock, Canadian Food Focus
<https://canadianfoodfocus.org/recipes/jodis-best-bannock/>

Live Music Corner



OCTOBER 2026 • Music, festivals & community gatherings

OCTOBER 3 • ALMONTE

Ashley MacIsaac

7:30 p.m. • Almonte Old Town Hall, 14 Bridge Street. An Ontario Festival of Small Halls performance.¹

[Details and organizer information](#)

OCTOBER 10 • ALMONTE

The Maywoods

7:30 p.m. • Almonte Old Town Hall, 14 Bridge Street. Another evening in the Small Halls series.²

[Details and organizer information](#)

OCTOBER 17 • ALMONTE

Choral Gold!

7:30 p.m. • Almonte Old Town Hall, 14 Bridge Street. The Elmer Iseler Singers, presented by Almonte in Concert.³

[Details and organizer information](#)

Your ad here

[View rates • Artwork help included](#)

OCTOBER 3 • RENFREW

Craft Beer & Food Truck Festival

Noon–8 p.m. • Low Square, 127 Raglan Street South. Live acoustic music is part of the programme. Check admission details.⁴

[Details and organizer information](#)

OCTOBER 17 • KANATA

The Black Keys

7:30 p.m. • Canadian Tire Centre. Check the venue's event page for ticketing and entry information.⁵

[Details and organizer information](#)

OCTOBER 14 • ARNPRIOR

Luminaries: Light Up the Labyrinth

Galilee Centre • Lighting 4–5 p.m.; dinner 5–6 p.m.; walk from 6:15 p.m. Free event; freewill dinner donations. RSVP and confirm directions with the host.⁶

[Details and organizer information](#)

The municipal notice also lists music from local musicians.⁷



Mississippi River, Almonte • Ross Dunn • CC BY-SA 2.0

Your advertising here • [Sizes, rates and artwork support](#)

1. Lanark County: Ashley MacIsaac
<https://www.lanarkcounty.ca/event/small-halls-festival-ashley-macisaac/>

3. Elmer Iseler Singers: Choral Gold!
<https://www.elmerisellersingers.com/events/choral-gold-almonte-concert/>

5. Canadian Tire Centre: The Black Keys
<https://www.canadiantirecentre.com/events/detail/the-black-keys>

2. Lanark County: The Maywoods
<https://www.lanarkcounty.ca/event/small-halls-festival-the-maywoods/>

4. Town of Renfrew: signature events
<https://www.renfrew.ca/en/recreation-culture/recreation-programming/signature-events>

6. Galilee Centre: Luminaries
<https://www.galileecentre.com/luminaries/>

7. Town of Renfrew: community calendar
<https://www.renfrew.ca/en/calendar>

The October community diary



OCTOBER 2-4 • ALMONTE

Reconciliation Through Art

Métis Kitchen Party: Oct. 2, 6 p.m., Agricultural Hall. Art showcase: Oct. 3, 10 a.m.–5 p.m., Textile Museum. Water Walk: Oct. 4, 8 a.m., starting at Old Town Hall. Check ticketing and host guidance.¹

[Details and organizer information](#)

OCTOBER 10-11 • LOCAL STUDIO TOUR

Crown and Pumpkin Studio Tour

Explore artists and makers in and around Almonte, Clayton and Pakenham. Check current tour stops before travelling.²

[Details and organizer information](#)

OCTOBER 15 • 6:00-7:00 P.M. ET

GV Village Information Night

Join us virtually to learn about the vision, ask questions and explore ways to participate. No donation or commitment required.

[Email RoxAnne to register](#) • [More on page 8](#)

COMING IN OCTOBER

GV silent auction

Have an item, experience or service to contribute? Auction dates, catalogue and bidding details will be announced separately.

[Enquire about donating an item](#)

Your ad here

[View rates](#) • [Artwork help included](#)

OCTOBER 3 • RENFREW

Handmade Harvest Market

11 a.m.–4 p.m. • Renfrew Armouries, 115 Veterans Memorial Boulevard. Free entry and parking. Non-perishable food is being collected for the Renfrew & District Food Bank.³

[Details and organizer information](#)

OCTOBER 3 & 10 • KANATA

Kanata Farmers Market

9 a.m.–3 p.m. • Kanata Entertainment Centrum, 745 Kanata Avenue. A petting farm is also listed for October 10.⁴

[Details and organizer information](#)

OCTOBER 7 & 21 • RENFREW

Music trivia for local causes

6–9 p.m. • Boston Pizza. October 7 supports Renfrew Rotary; October 21 supports Renfrew County 4-H. \$10 per person; reserve with the organizer.⁵

[Details and organizer information](#)

OCTOBER 21 • WESTMEATH

Soup & Sandwich

Noon • Westmeath Recreation Centre, upstairs hall. Hosted by Riverview Seniors' Social Club; everyone is welcome. A nearby Whitewater Region outing for Cobden-area readers.⁶

[Details and organizer information](#)

Planning an outing? Follow each organizer's link for the latest details, accessibility information and any registration requirements.

Your advertising here • [Sizes, rates and artwork support](#)

1. Reconciliation Through Art: 2026 programme
<https://www.reconciliationthroughart.ca/>

3. Town of Renfrew: Handmade Harvest Market
<https://www.renfrew.ca/en/event/handmade-harvest-market---renfrew-armouries>

5. Town of Renfrew: community calendar
<https://www.renfrew.ca/en/calendar>

2. Destination Ontario: 2026 fall studio tours
<https://www.destinationontario.com/en-ca/articles/ontarios-fall-art-studio-tour-road-trips>

4. Kanata Central: October markets
<https://kanatacentral.com/events/>

6. Whitewater Region: community events
<https://www.whitewaterregion.ca/events/>

Community Corner & advertising

OCTOBER 8 • PEMBROKE

SEENAGERS gathering & potluck

St John’s Lutheran Church lists a 2 p.m. gathering and 4:30 p.m. potluck. Contact the church to confirm meeting place and participation details.¹

[Details and organizer information](#)

OCTOBER 27 • ALMONTE

Supper Social at the Legion

Carebridge lists a supper at the Almonte Legion. Ask about the time, cost, eligibility and registration arrangements before attending.²

[Details and organizer information](#)

OCTOBER 30 • RENFREW

Freaky Friday & Monster Mash

A family Hallowe’en dance at the Renfrew Legion. Confirm the start time, admission and activities with the organizer.³

[Details and organizer information](#)

OCTOBER 31 • KANATA

Hallowe’en Dinner and Dance

5 p.m. • Kanata Legion. Reservations require payment to be confirmed. Follow the Legion’s own booking instructions.⁴

[Details and organizer information](#)

SHARE YOUR COMMUNITY NEWS

Your story belongs here.

A neighbourly act, a youth achievement, a volunteer thank-you or a useful community connection. Send your story and any photo permissions to RoxAnne.

rdarling@ginawaydaganuc.ca

ADVERTISE IN THE VILLAGE JOURNAL

Your advertising here

Reach readers with your business, service or event while helping support GV’s ongoing work and operating costs.

CANADIAN DOLLARS PER ISSUE	
1/8 page	C\$75
1/4 page	C\$150
1/2 page	C\$300
Full page	C\$550

Header placement premiums

First-page header row: +C\$100

Other-page header row: +C\$50

Added to your selected ad size. Placement is subject to availability and GV editorial approval.

We’ll help with your ad

You don’t need to arrive with a finished advertisement. We’ll work with you on your artwork and messaging. Share your logo, key message and the website or contact details you would like included.

[Discuss an ad with RoxAnne](#)

Anyone need something? A volunteer hand, materials or a place to share a public event? Send RoxAnne a verifiable event link, including the date, place and organizer. Cobden concerts, church bazaars, charity sales and bake sales are welcome for consideration.

1. St John’s Lutheran Church: October events
<https://www.stjohnspembroke.ca/events>

2. Carebridge: Almonte Legion Supper Social
<https://carebridge.ca/events/>

3. Town of Renfrew: community calendar
<https://www.renfrew.ca/en/calendar>

4. Kanata Legion: Hallowe’en Dinner and Dance
<https://kanatalegion.ca/events/>

Meet GV. Help the work grow.



A Village begins with people

GV is working toward a permanent eco-cultural, education and community hub in the Mississippi Mills area. Rooted in Indigenous leadership and the spirit of connection, the vision brings Indigenous and non-Indigenous people together to learn, build relationships and care for the world we share.¹

Welcoming participation across ages and backgrounds is central to that vision. If an access need could affect your participation, please tell us when you register so we can discuss arrangements.

This journal is one way to keep that conversation going. Request future issues by email, share it with a neighbour, or send us a story for consideration.

GV Village Information Night

October 15, 2026

6:00–7:00 p.m. ET • Virtual

Learn about the vision, ask questions and explore ways to participate. Come with curiosity; no donation or commitment is required.

Email RoxAnne to register
rdarling@ginawaydaganuc.ca

Use the subject "GV Village Information Night." Joining details will follow.

Your advertising here • Sizes, rates and artwork support

SUPPORT GINAWAYDAGANUC VILLAGE

Keep the work of connection growing.

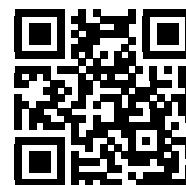
Your support helps sustain GV's everyday charitable work and operating costs.

Consider a recurring, unrestricted gift, or ask RoxAnne about monthly support. One-time gifts, time and introductions are welcome too.

DONATE TO GV

ginawaydaganuc.ca/donate²

RoxAnne Darling • Community Engagement Officer
rdarling@ginawaydaganuc.ca • 343-464-2998



1. GV vision: https://ginawaydaganuc.ca/about_us

2. Give to GV: <https://ginawaydaganuc.ca/donate>

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